

Index

A

à la mode 670
à poivre 670
abbacchio 517
Accent, MSG 45
achiote 470
achiote powder 71
achiote powder - see annatto 71
acids 99
acidulated 670
acidulated water 644
aerate 670
agar-agar 670
agave nectar 164, 670
Ahi tuna, blackened 485
ailio, basilica e balsamica ala Piacere 355
aioli 341, 670
aioli, Moroccan 342
aioli, roasted garlic 374
ajad, Thai cucumber pickle 310
Ajinomoto, MSG 45
al dente 670
Alfredo Di Lelio 267
allspice 70
Alton Brown 183, 360
amchur, aamchoor, mango powder 71
ammonium carbonate 204
amylose, starch 260
Andy Kistler 605
anise 71
annatto 71
antipasto 121
aoli mayonnaise, Spanish 342
Appian Way 61
Apple Charlotte 559
apples, choosing for cooking 557
applesauce 359
Arabica 42
armagnac, type of cognac 159
aromatics 99
arrest 670
arrowroot 339
artichoke dip 156
artichokes, boiled 628
ascorbic acid 204, 361
ashcake 307
au jus 670
aubergine 670

B

baby food 81
back of the house 670
bacon 52
bacon, Stephanie's 53
bacteria 90
bagno caldo 122
bain-marie 248, 670
baker's ammonia 204
baking powder and soda leaveners 551
baking stones 242
bananas flambé 564
bananas on raspberry sauce 565
bananas, Thai fried 618
banneton 670
barberry 71
bard 670
basil 71
basil, Thai 154
baton 670
batter, garlic 354
batter, tempura 386
battercake 307
batterie de cuisine 670
Bavarian, vanilla or chocolate 620
bay leaves, all types 71
bean, types 173
Beano 177
beans and pasta 178
beans, black (negro) 179
beans, Boston baked 177
beans, carbohydrates, fiber content 173
beans, cooking 175
beans, cowboy 179
beans, ham and, Katie's 177
beans, kidney, salad 182
beans, red with rice 287
beans, refried (well fried) 181
beans, soaking 176
beans, white with rosemary 181
Béarnaise sauce 149
Bechamel, white sauce 338, 670
beef and other main courses 483
beef, aging of 39
beef, grades of 39
beef, Kobe 38
beef, spicy ginger with black bean
sauce 522
beef, Stroganoff 484
beer 160

Index

- beignets 301, 671
 - berries 568
 - beurre 671
 - beurre blanc 337
 - Big Water Grille 121
 - biga 199, 671
 - biscuits, cat head 213
 - bisque 393
 - Bisquick 302, 568
 - Bisquick mix, homemade 304
 - bistro 671
 - blackened 671
 - blackstrap 671
 - blanch 671
 - blancmange 671
 - Blue Heron Pale Ale 137
 - boeuf 671
 - boiling water bath (BWB) 671
 - bonito flakes 45
 - Bordolino 265
 - Borlotta Lingua di Fuoco 311
 - Boston shaker, bar 671
 - bouillon 671
 - bounty of the sea, roasted 476
 - bouquet garni 671
 - bourbon 160
 - Bourbon Island 42
 - Bourbon Santos 42
 - braise 671
 - braised pot roast 486
 - braising meat 483
 - bran, wheat or rice 208
 - brandy, distilled wine 160
 - bread making 199
 - bread starter, quick 212
 - bread starter, slow 212
 - bread, almond 210
 - bread, banana 563
 - bread, dough kneading 201
 - bread, homemade remediation methods 208
 - bread, importance of 193
 - bread, ingredients 204
 - bread, monkey 217
 - Bread, Portuguese Sweet 231
 - brine 671
 - broil 671
 - Brolio 265
 - brule 671
 - Brunello 169, 265
 - bruschetta 126
 - bruschetta, di Arugula 124
 - bucatini 261
 - Bucatini alla Amatriciana, Abruzzese 260
 - buckwheat with pancetta 263
 - Buddha's Hand - see citron 71
 - Burgermaster onion 323
 - Burgundy 170
 - butter (or shortening), role in cakes 552
 - butter, Café de Paris 349
 - butter, Danish Lurpak 336
 - butter, garlic 355
 - butter, Meuniere 368
- ## C
- cabbage with apples, braised 631
 - cacciucco, Nani's 401
 - Caesar salad 90
 - Caesar's Palace 158
 - caffeic acid 176
 - cake doneness, test 552
 - cake, apricot upside down 559
 - cake, banana angel 562
 - cake, carrot, Kae's 577
 - cake, cheese, carb conscious 577
 - cake, cheese, Lori's no frills 601
 - cake, cheese, Vicki's 620
 - cake, chocolate with orange icing 579
 - cake, chocolate, flourless 591
 - cake, coconut pound 583
 - cake, devil's food, Kae's 586
 - cake, lemon pound 598
 - cake, strawberry, Federico's 589
 - cake, Suzette 576
 - cake, white 567
 - cake, white wine with fruit 622
 - cake, yellow 566
 - cakes, about 551
 - cakes, cooling 552
 - calamari 127, 132
 - Calamari Fritti 132
 - Calamari, wt Caper Garlic Mayonnaise Sauce 127
 - California bay (*Umbellularia californica*, see Bay leaves 71
 - Callasparra Bomba 285
 - Cambozola 138
 - Camembert 138

Index

- candy, almond crunch 541
- cannelloni alla Romano 263
- Caper Garlic Mayonnaise Sauce 128
- capers, Italian from Pantelleria 129
- Capri 158
- capsicum 39
- caramel 555, 556
- caramelized 101
- caramels, butterscotch, Kae's 542
- caraway 71
- carbon stainless steel 80
- Carbonnade à la flamande 160
- cardamom 72
- Caribbean 159
- carrots , braised curried with onions 630
- carrots, Hawaiian gingered 643
- casserole, Mexican rice and chicken 443
- Caturra, coffee 42
- Cavatelli e Fagioli 178
- celery seed 72
- ceramic blades 80
- chafing dish 671
- chanterelles 122
- chanterelles - Cantharellus Cibarius 122
- Char Siu, Cantonese pork 488
- charcuterie 671
- Chateaubriand tips and summer vegetables kebabs 490
- Cheese Crisps 129
- Cheese Patè, Kae's Italian 138
- Cheese Spread, Blueberry 144
- cheese, American 56
- cheese, American Muenster 61
- cheese, Beaufort d'Alpage de Savoie 56
- cheese, Brebiset 56
- cheese, Brescianella Stagionata 56
- cheese, Caciocavallo 57
- cheese, Cambozola 57
- cheese, Camembert Le Châtelain 57
- cheese, Chaumes 57
- cheese, chevre 156
- cheese, Crowley, sharp 58
- cheese, Epoisses 58
- cheese, epoisses 58
- cheese, farmers or hoop 58
- cheese, French munster 61
- cheese, Gorgonzola Dolce 59
- cheese, Gouda 59
- cheese, Grana Padano 59
- cheese, Hispanic, Añejo 66
- cheese, Hispanic, Añejo Enchilado 66
- cheese, Hispanic, Asadero 65
- cheese, Hispanic, Cotija 67
- cheese, Hispanic, Criollo 67
- cheese, Hispanic, Manchego 67
- cheese, Hispanic, Manchego Viejo 67
- cheese, Hispanic, panela 66
- cheese, Hispanic, Quesadilla 67
- cheese, Hispanic, Queso Blanco 66
- cheese, Hispanic, Queso Fresco 66
- cheese, Humboldt Fog 59
- cheese, Livarot 59
- cheese, Mascarpone 60
- cheese, mozzarella, buffalo 60
- cheese, Parmigiano Reggiano 61
- cheese, Peluso Teleme 65
- cheese, Pont l'Eveque 63
- cheese, Port Salut 63
- cheese, queso chihuahua 67
- cheese, queso de canasta 60
- cheese, Raclette 63
- cheese, Reblochon 64
- cheese, Reblochon de Savoie 64
- cheese, ricotta 64
- cheese, Robiola 64
- cheese, Saint Paulin 63
- cheese, scamorza 64
- cheese, Stella Fontinella 65
- cheese, Stilton 65
- cheese, Swiss 58
- cheese, Vacherin Mont d'Or 65
- cheese, Velveeta 56
- chef 672
- chervil 72
- chicken and fowl 425
- chicken livers 141
- chicken wings, glazed Vietnamese 135
- chicken, Egyptian BBQ 427
- chicken, frying 102
- chicken, greek lemon 429
- chicken, Kentucky fried 425
- chicken, oven fried 427
- chicken, pasilla roasted 446
- chicken, rosemary in wine and Onions, Mariann's 428
- chicken, satay 440
- chicken, sausage 450
- chicken, smothered 446
- chicken, Spanish 447
- chicory 327

Index

- chiffonade 672
- chile colorado 491
- chile molido puro 72
- chile pepper 72
- chile rellenos 535
- Chile Sauce 221
- chile verde 491
- chiles 40
- chiles, about 39
- chili 72
- chili powder 72
- chili powder, homemade 54
- chilies, Anchos 54
- chilies, Guajillo 54
- Chinese 5 spice 315
- Chinese cinnamon 72
- Chinese five spice 72
- chinois 672
- chipotle 385
- chives 72
- chocolate glaçage 608
- chocolate, truffles 580
- chow fun 261
- chutney, basil avocado 184
- chutney, mango 186
- cicely, sweet 77
- cicoria catalogna 327
- cilantro 72
- cinnamon 72, 214
- cinnamon buns 580
- cinnamon sugar 215
- cinnamon toast 214
- cinnamon, types of 215
- cioppino, Nani's 401
- citric acid 243, 361
- citron 72
- Clams, Hog Island 137
- clams, with black bean sauce 460
- clarify 672
- clarifying broth, stock or soup 393
- ClearJel 340
- cloves 72
- coffee cherries 43
- coffee maker, Boden 44
- coffee making, French press 44
- coffee, about 41, 50
- coffee, Blue Mountain 44
- coffee, grinding 45
- coffee, keeping 45
- coffee, Peaberry Kona 43
- coffee, Sumatra Mandheling 44
- Cointreau 596
- coleslaw 316
- color 84
- comfort food 443, 446, 521
- compound butter 349
- concasse 672
- Conversions, units of measure 669
- cookie, Kae's iced lemon 542
- cookies, fundamental drop 543
- cookies, holly 548
- cookies, oatmeal raisin 546
- cookies, Scandinavian almond 548
- cookies, shortbread 547
- cookies, Swiss butter 5's 549
- cooking for many 82
- cooking, useful Information about 101
- coq au vin 672
- Cordon Bleu 84
- coriander 72
- corn beef 72
- corn beef hash 491
- corn beef hash sandwich 491
- corn bread, Western 215
- corn cake 307
- corn dodgers 307
- corn flour 208
- corn syrup, contains 168
- corn, on the cobb 665
- corned beef hash 491
- corned beef, using leftovers for hash 491
- cornpone 307
- cotoletta alla Milanese 489
- cotolette 528
- coulis 481, 672
- coumarin 50
- court bouillon with wine 405
- crab boil, Zatarain's 461
- crab cakes 480
- Craig Dremann's Pepper Hotness Scale 40
- crayfish, New Orleans 461
- cream (verb) 672
- cream of tartar 551
- cream, filling 562
- cream, stabilized, whipped 616
- Crema Fritta alla Veneziana 591
- crème brule 582

Index

- crème fraîche 672
Crème Fraîche or French clotted
cream 585
crème fraîche, clotted cream 352
crème pâtissière 609
crepe batter 306
crepe Suzettes 585
crepes 578, 586
crepes, red currant 306
crepes, spinach 297
croquettes 121
crostini 126
crudité 672
crust, coconut and butter 561
culantro 73, 155
cumin 73
cure 672
curry 73
curry leaves, see tamil 77
curry, Thai green 448, 528
custard or flan 672
custard, coffee with caramel sauce 583
custard, colonial 584
cxtail stew in Scotch broth 523
- D**
- Daniel Gerber 81
dashi 363, 417
David Lebovitz 594
Debbie Hess 147
decanting 168
deglaze 672
demi glace 337
demijohn 159
Dennis Johns 147
Desserts and Pastry 551
devein 672
deviled beef bones 500
Devonshire cream 623
dice 672
dill, dill seed 73
dill, Persian 263
dilute 672
Dim Sum 129, 131, 142, 145, 150
dim sum 302, 488
dipping sauce, Japanese I 363
dipping sauce, Japanese II 363
dipping sauce, potsticker 146
dipping sauce, Thai wrap 155
Dolcetto 169
- Don the Beachcomber 146
dot 673
dough hook 673
dough, basin or tureen 505
dredge 673
dress (verb) 673
dressing 260
dressing, bread 260
dressing, raspberry yogurt 312
drink, bloody mary 166
drink, hot toddy 164
drink, mango lime gimlet 166
drink, margarita, mango 165
drink, Midori Illusion 165
drink, mojito 165
drink, Peach Sunset 158
drink, scorpion 167
drop biscuits, cheddar scallion 214
Dublin bay prawn 455
duck 425
duck, al'orange 428
dumplings, shrimp 150
durum flour 268
Dutch oven 673
duxelles 673
- E**
- egg, omelet 248
egg, whites 249
eggplant, green-skinned 643
eggplant, Kentucky Proud 653
eggplant, mushroom and garlic
stuffed 653
eggplant, Persian 654
eggs, about 245
eggs, as food 249
eggs, Benedict 251
eggs, blowing it from Its shell 246
eggs, custards 248
Eggs, Deviled 130
eggs, hard boiled 246
eggs, in cakes 552
eggs, in the round 251
eggs, poached 246
eggs, ranch style 252
eggs, raw in food 90
eggs, salmonella in 250
eggs, scrambled 247
eggs, separating 247
eggs, shirred or baked 247

Index

- eggs, Shirred with spinach and bacon 255
- eggs, soft boiled 246
- eggs, with pesto 252
- Egypt 76
- Elephant Stew in the Jungle 523
- Eliza Leslie of Philadelphia 584
- en chemise 673
- enchiladas 508
- Enchiladas Sauce 353
- enchiladas, Suiza 441
- enchiladas, Swiss, Kae's 500
- enzymes 98
- epazote 73
- Escoffier 221
- Escoffier, Auguste 367
- European Style sweet Butter 215
- extra virgin olive oil 68

- F**
- Fair August 260
- Farallon 317
- farro 278
- fast or slow roasting 106
- faux 673
- FDA 49, 260
- fennel 73
- fenugreek 73
- Fer Agosto, (Market Day) 260
- fermented black beans 351
- Fernand Point 31
- fettuccine, Alfredo 267
- fettuccine, seafood 292
- Figs 132
- figs 590
- filé 73
- file gumbo 73
- finocchio 73
- fish and seafood 453
- fish stock 472
- fish tacos, Baja-style 533
- fish, crispy flounder 462
- fish, microwave, poached 471
- fish, poached 475
- flambe 673
- flambé 163
- flavonoids 177
- flour in bread 197
- flour, cake 551
- flour, durham 266, 267, 268
- flour, European Style artisan bread 198
- flour, for bread and pizza 194
- flour, Galahad artisanal 242
- flour, graham 198
- Flour, Italian-style"00" 198
- flour, self-rising 197
- flour, Sir Galahad artisan bread 197
- flour, type 65 198
- flour, types 197
- flour, Wondra 340
- focaccia 218
- foie gras 673
- Fois Gra, mock 141
- food affinities 50
- food mills 81
- food preparation safety 86
- Fool (type of dessert) 616
- Forfar Bridie 519
- Francois Pierre de la Varenne 338
- French fish stock 73
- French toast, cranberry pumpkin 303
- fried cream 591
- fritters, Elderberry blossoms 586
- frosting, about buttercream 574
- frosting, cream cheese 578
- frosting, Hersey's chocolate buttercream 593
- frosting, Italian buttercream 575
- frosting, simple buttercream 575
- frosting, Swiss buttercream 575
- fructose 555
- fruit and vegetables 94
- fruit, tree ripened 568
- fish, crispy, Dynasty Chinese 462
- Fumé Blanc 170

- G**
- galangal 73, 448
- garam masala 74
- Garganega 169
- garlic 74
- Garlic Bread 220
- Garlic Pesto 126
- garlic, black 47
- garnishes, red cherry tomato flowers 315
- garnishing, tools 85
- gâteau 673
- Gâteau au Vin Blanc 622
- gelatin 206

Index

- gelato 594
 - gelato, chocolate 592
 - gelato, fruit 593
 - German Dinner 111
 - Gewürztraminer 170
 - Giada Pamela De Laurentiis 189
 - ginger 74
 - ginger, candied 183
 - gingersnaps 544
 - glassware 83
 - Glen, California 180
 - glutamate 45
 - glutamic acid 45
 - gnocchi, di Patate (potato) 270
 - gnocchi, spinach, verdi (green) 293
 - gomme syrup 164
 - Gorgonzola 138
 - grape, Aglianico 169
 - grape, Barbera 169
 - grape, Cabernet Franc 169
 - grape, Cabernet Sauvignon 169
 - grape, Carignane 169
 - grape, Chardonnay 169
 - grape, Cinsault 169
 - grape, Grenache 169
 - grape, Malbec 170
 - grape, Malvasia 170
 - grape, Marsanne 170
 - grape, Merlot 170
 - grape, Moscato 170
 - grape, Mourvedre 170
 - grape, Nebbiolo 170
 - grape, Petite Verdot 170
 - grape, Pinot Grigio 170
 - grape, Pinot Noir 170
 - grape, Roussanne 170
 - grape, Sangiovese 170
 - grape, Semillon 170
 - grape, Syrah, Shiraz 170
 - grape, Tempranillo 171
 - grape, Traminer 171
 - grape, Trebbiano 171
 - grape, Zinfandel 171
 - gratin 99
 - Gravelox 133
 - gravy flour 340, 487
 - gravy flour, Wondra 340
 - gravy, about 337
 - gravy, turkey with giblets 381
 - green tea, ice cream 595
 - gremolada 673
 - grenadine 631
 - grenadine syrup 160
 - Grignolino 169
 - griswold 673
 - Grüner Veltliner 169
 - guacamole 136
 - guanciale 185, 354
 - guanciale (cured hog's jowl), 260
 - guar gum 73
- H**
- habanero peppers 471
 - ham in cream, Kae's 502
 - ham loaf, Kae's 502
 - ham, Black Forest 52
 - ham, Jamon Serrano Spanish cured 51
 - ham, Westphalia 52
 - hams and salumi 51
 - Har Gow 150
 - hard-ball 555
 - hard-crack 555
 - Harry's Bar 157
 - hash (noun) 673
 - hash (verb) 673
 - haute cuisine 673
 - Hawaiian coulis 481
 - herb and spice Index 70
 - herbs de Provence 74
 - hoecake 307
 - Hog Island 117
 - Hog Wash 137
 - hominy 278
 - honey butter 220
 - hors d'Oeuvre 673
 - horseradish 74
 - hot pot, beef and bok choy 483
 - huevos rancheros 252
 - Hush Puppies 219
- I**
- ice cream and gelato, about 594
 - ice cream, coffee, Kae's 595
 - ice cream, vanilla 595
 - icing, banana 563
 - icing, caramel 576
 - icing, Jamaican Wild Orange 596
 - Indian cuisine 71
 - infuse 673

Index

injera pancakes 304
instant sourdough flavor 243
Italian Rub 681
Italian sausage 71, 498
Italian Spinach Salad 110
Ivy Tarr 143

J

Jack's Restaurant 331
Jacques de Langre 195
Jamaica 44
Jamaica Cookery Book 159
Jamon Serrano 51
Jamon Serrano, Spanish cured ham 51
Japanese 379
Japanese horseradish 77
Jeffrey Steingarten 46, 94, 194
jell 673
Jerk Rub 681
John Shepard 312
Johnnycakes 232
johnnycakes 307
jonikin 307
journey cake 307
juice 673
juicer 673
julienne 673
juniper berries 74

K

Kaffa 41, 45
kaffir lime leaves 74
kaffir limes 74
Kamut 277
kamut 206
kamut flour 206
kapee, shrimp paste 450
katakuriko starch 74
Kenyon Grist Mill 211
Kenyon's stone-ground corn meal 307
Key lime 598
King's Ranch 612
kitchen, accoutrements 79
knives 79
Knott's Berry Farm 306
Knotts Berry Farms 570
kombu 45
kudzu powder 340

L

L'arrosto del Misto di Mare 476
l'eau de vie 674
La Pyramide 31, 655
lamb riblets with curry 509
lamb riblets, honeyed 510
lamb, crown roast 492
lamb, crown roast of 492
lamb, leg of 504
lamb, roast leg, Kae's 504
lame 674
Larahas Orange 596
lard, rendering fresh 85
lasagna 291
lasagna, Romana 291
late harvest 674
lavender 74
LDL cholesterol 40
Le Grand Aioli 341
leaven 674
lecithin 206
lemon 91
lemon balm 74
lemon verbena 75
lemongrass 75
lemons, Moroccan preserved 189
lentils, history and facts 650
Leslie Beribeault 144, 344
licorice 75
linguine 274
linguine, Malafemmena 273
linguisa 231
liqueur, anisette 161
liqueur, applejack 163
liqueur, cherry Heering, see Peter Heering 162
liqueur, coffee, kahlua 162
liqueur, Cointreau 160
liqueur, crème de cassis 161
liqueur, Crèmes de Cacao 161
liqueur, Crèmes de Menthe 161
liqueur, Curaçao 160
liqueur, Drambuie 161
liqueur, Galliano 161
liqueur, Grand Marnier 160
liqueur, kirsch 161
liqueur, kümmel 162
liqueur, Limoncello 161
liqueur, midori 162

Index

liqueur, Peter Heering 162
liqueur, Tia Maria 161
Liver Pate, Kae's Baked 139
Liver Pate, Kae's Chilled 139
liver pate, Kay's different 506
lobster thermidor 467
London broil 82
Luc Chamberlain 137
Luc's Beer'd Clams 137
Luther Hines Prime Meat 516

M

macaroni and cheese 274
macaroons, Kae's 545
maccheroni 285
macerate 674
Mâche lettuce 330
Madeira reduction 318
mâitre d' 674
Major Grey's 186
Malabar leaf 75
malasadas 231, 305
malt 206
malt powder, diastatic 206
mandolin 674
Manzanilla 124
maple syrup 307
Marin 463
marin 281
marinade, Jamaican jerk 363
marinade, teriyaki sauce 387
marinades 98
marinate 674
marinating food 89
mash 674
mask 674
Matcha, powdered green tea 595
matignon 674
McCormick's Salad Supreme
 Seasoning 151
meat balls, Mary Ponsart's Italian 511
meat tenderizers 99
meatloaf 528
Mediterranean bay 71
Melba toast 221
meld 674
melons 141
mesclun 674
meunière 674
mignonette 137, 674

mignonette, balsamic 137, 342
milk, dry 205
mill 674
mincemeat 571, 603
mint 75
mirepoix 343, 674
mirin 162
mise en place 674
miso sauce 369
miso, marinade 369
miso, red or white 369, 413
miso, white 369
mix 675
Modena 51
molasses or blackstrap 554
molasses, sorghum 554
Moluccas 75
monk's beard, aka agretti 321
monosodium glutamate (MSG) 680
monté Beurre 675
Montepulciano d'Abruzz 170
Moo Goo Gai Pan - chicken and
 mushrooms 444
mortar and pestle 675
mostarda, condiment of fruit wt
 mustard 189
Mother sauce 675
Mountains of Salzburg 604
mousaka 506
mousse, Contreau 585
mousse, light lemon 601
mozzarella nella carrozza 140
MSG 45, 680
muddler 675
muffins, blueberry 211
Muscadelle 170
mush bread 307
mushroom, maitake 650
mushroom, Portobello 153
mushrooms, cooking 102
mushrooms, grilled 653
Mustard Fish Rub 681
mustard oil 190
mustard seed 75
mustard, homemade 360

N

Nasturtium flowers 84, 332
Naturally Yours non-fat Sour Cream 484
Nellie Melba 221

Index

- Nicoise 675
nixtamal 278
Nockerl 604
noir 675
noisette 675
noisette, meat 675
noodles, Kae's French 268
noodles, rice stick 280
Norway lobster 455
nutmeg and mace 75
nuts, toasting 102
- O**
- Oaetker Whip It 616
oeuf 675
oignon 675
oil, garlic flavored 355
oil, grape seed 68
Oil, peanut 68
oil, questionable canola 69
olive oil 86
olive oils, areas 68
on the bias 675
onion marmellata, Giada's 188
onion stock, quick 362
onions, about 46
onions, balsamic broiled baby 627
open-faced 675
oregano 75
oregano, Mexican 75
orgeat syrup 164
osso buco, Kae's 503
Otello, trattoria 327
oxalates 176
oysters 45
Oysters, BBQ 138
oysters, Hog Island 136
- P**
- pack 675
pad Thai 77
Pad Thai, (Thai noodles) 278
Paella 472
Palmer House, Chicago 212
Pam Hasenberger 144
pancakes 301
pancakes, potato 305
pancetta 179, 263
Pantelleria 129
panzanella 323
paprika 75
parboil 675
parchment paper 242, 552, 675
Parker House Rolls 230
Parma Ham 140
parsley 75
parsley family 71, 73
pasta all'uovo (egg noodles) 266
pasta, Maria's Garlic 275
pasta, procuitto and arugula 281
pastasciutta, aglio e olio 275
pastry cream 609
pastry cream I 609
pastry cream II 610
pastry, puff 571
Pâté au Maison 141
pate, chicken liver 442
Patricia Rain 49
Peach Melba 221
peach Melba 367
peaches, poached in wine 623
pear, sugar 329
pears, baked 562
peas, fresh baby 641
peas, snap 666
Pecorino Siciliano 61
pectin 206
Peperoni dolci 147
pepper 76
pesto 675
pheasant hunting 287
Picholine olive 123
pico de gallo 191
pie crust, butter 573
pie crust, Kae's flaky 612
pie crust, Kae's press in butter 613
pie crust, quiche 254
pie crust, Zweiback crackers 620
pie, apple 560
pie, apricot fried 560
pie, avocado 561
pie, boysenberry, Mrs. Knotts 569
Pie, Key lime 598
pie, lemon custard, Kae's 597
pie, pear 611
pie, sweet potato 616
pimentón 415
Pimentón, Spanish smoked paprika 75

Index

- Piper nigrum 76
Pismo Clams 148
pizza 235
Pizza Capriciosa 230
pizza dough flavor 242
pizza dough, sourdough 239
pizza flour, alternatives for making 242
pizza oven, using your grill as 241
pizza, Capriciosa 236
pizza, Margherita 237
pizza, marinara Napolitano 238
Plaza Hotel 37
plum pudding, Katie's English 597
poach 675
Point Reyes Station House Café 117
polenta 283
polenta, Kae's 283
polenta, Roman style 283
pomme 676
Pommes de Terre Anna 654
pomodori basilica 125
pomodori, ripieni al forno 665
pone 307
poolish 199, 676
Popovers 230
poppy seed 76
pork chops, roast 518
pork chops, smothered with potatoes 521
pork clay pot 511
pork cutlets Greek style 513
pork shoulder, braised in milk 485
pork, clay pot 476
pot roast 486
potassium bitartrate - see cream of tartar 551
potato, hash browns 644
potato, Kae's broiled slices 632
potato, Red Bliss 660
Potatoes Anna 654
Potatoes de La Pyramide 655
potatoes with rosemary 660
potatoes with wine and rosemary 631
potatoes, whipped 667
potsticker wrapper 146
Potstickers 145
prawns 455
prawns with garlic butter and pasta 464
prebiotics 260
prime rib 107
prime rib roast 514
prosciutto 52
Prosciutto di Parma Con Melone 140
prosecco 157
Provence, France 74, 341
pudding, banana 566
pudding, banana rice 616
pudding, bread 570
pudding, plum 587
pudding, rice 615
pudding, rice cream 616
puddings and custards 614
puntarelle 327
puree 676
- Q**
quahogs 149
quail, with balsamic onions 445
quenelle 676
queso menonita - see cheese, Hispanic, Chihuahua 67
quiche 676
- R**
ragu Genovese, de la campania 285
Ramaki 146
ramen 412
Ravioli, crabmeat 265
recado rojo 71, 470
recipes on the box 103
reconstitute 676
Red Stripe beer, Jamaican 364
Red Tail Ale 137
reduce 676
relish, mustard 189
render 676
Rice and Other Grains 285
rice bran 208
rice noodles 261
rice paper 155
rice, adding flavor 259
rice, arborio 286
rice, Callasparra Bomba 473
rice, Carnaroli 258
rice, combination fried 286
rice, cooked, white or brown 258
rice, for paella 285
rice, for risotto 286
rice, Kae's Green Hawaiian 272
rice, Kae's orange 273

Index

- rice, Mexican 443
- rice, pecan saffron herbs and mushrooms 297
- rice, pineapple with fresh scallions 282
- rice, Portuguese fried, Kae's 284
- rice, steamed 258
- rice, sushi 259
- rice, Vialone Nano 258
- rice, wild 285
- Riesling 170
- Riskrem, Norwegian Christmas 616
- risotto, alla Milanese 289
- risotto, alla Romano 290
- risotto, farro 266
- risotto, Milanese 258
- roast 676
- roast beef 107
- roast beef hash 517
- roast, cooking times 670
- Roasted Red Pepper Garlic Dip 147
- roasting, about 105
- Roman fritters 270
- Romans 75
- Rome 62
- Rory Babb 278
- Rose's lime juice 166
- rosemary 76
- rouille 471
- roulade 676
- roux 676
- royal icing 676
- russian dressing, Henri's 329
- S**
- Saba balsamic 51
- sachet 676
- SAF Gold Instant Yeast 197
- SAF Red Instant Yeast 197
- safe food 88
- safety tips, frying 489
- safflower 76
- saffron 76
- sage 76
- Saigon cinnamon 72
- sake, wine 162
- salad, (insalata) Caprese 321
- salad, avocado, hot 320
- salad, bread, Panzanella 323
- salad, Caesar 312
- salad, chef's 313
- salad, chicken with grapes and pecans 324
- salad, chinese chicken 316
- salad, feta and pepper 319
- salad, figs and prosciutto with mint 319
- salad, fruit 590
- salad, hearts of palm 321
- salad, Italian agretti 321
- salad, Lebanese potato 322
- salad, mango pears and hearts of palm 322
- salad, Persian shirazi 324
- salad, potato, simple 325
- salad, Puglia sardine and zucchini 326
- salad, puntarelle (Italian chicory) 327
- salad, red potato and roasted pepper 328
- salad, roasted piquillo pepper, capers, anchovy and basil 328
- salad, shrimp avocado 330
- salad, spinach 330
- salad, spinach, pinenuts and raspberry dressing 332
- salad, sugar snap pea greens 332
- salad, tuna, piquillo peppers 333
- salamander 676
- Salinas 98
- Salmon Medallions Béarnaise on Toast 149
- salmon steaks, Stephanie's 480
- salmon with orange honey mustard sauce 477
- salmon, cured 133
- salmon, smoked 125
- Salmonella 90
- salmonella bacteria 312
- salmonella poisoning 90
- Salsa 152
- salsa, mango avocado 356
- salt, about 48
- salumi cured meats 51
- sandwich, apple chicken salad 531
- sandwich, Baja fish 532
- sandwich, banana bacon cheese 531
- sandwich, ham with pineapple 537
- sandwich, ham, toasted 537
- sandwich, lamb 538
- sandwich, Tuscan salami, hot 538
- sandwich, Vietnamese street 540

Index

- Sangiovese 265
- Sangster's Blue Mountain Coffee
 - rum 163
- Sangster's Wild Orange 596
- Sangster's Wild Orange, rum 163
- sansho powder 76
- sardines, Italian salted 326
- sashimi 149
- sauce, achioté - Yucatan-style, red 470
- sauce, bagna cauda 342
- sauce, bananas on raspberry 565
- sauce, barbecue 343, 344, 372, 499
- sauce, barbecue II 504
- sauce, Béarnaise 345
- sauce, black bean 261
- sauce, bordelaise 346
- sauce, bourbon and rum 348
- sauce, brandied hard 588
- sauce, brown or Espanole 337
- sauce, butterscotch 582
- sauce, caramel 556, 583
- sauce, champagne 352
- sauce, chile colorado 507
- sauce, cilantro 510
- sauce, Creole mustard II 353
- sauce, dipping garlic basil balsamic 373
- sauce, enchiladas 507
- sauce, gingered root beer rum 593
- sauce, honey lemon 510
- sauce, horseradish 362
- sauce, Japanese soy (Sho-yu) 379
- sauce, Kae's pineapple pepper 373
- sauce, Madeira 337
- sauce, marinara 365
- sauce, Melba 367
- sauce, mornay 369
- sauce, mount with butter 348
- sauce, mushroom wine 337
- sauce, nectarine 605
- sauce, New Orleans brown 370
- sauce, newburg 370
- sauce, orange bigarade 371
- sauce, parsley lemon 368
- sauce, parsley or cilantro 383
- sauce, pesto Genoese 372
- sauce, pineapple pepper 502
- sauce, raspberry 601
- sauce, Robert's 337
- sauce, rouille 469
- sauce, sambal 375
- sauce, seafood ravioli 265
- sauce, sour cream 606
- sauce, steak 380
- sauce, Suzette 576
- sauce, sweet and sour 383
- sauce, taco 384
- sauce, tamale 357
- sauce, tamarind 385
- sauce, teriyaki marinade 387
- sauce, tomatoes and guanciale, pasta 353
- sauce, white 338
- sauce, white with Cheese, Italian 362
- sauce, wine reduction 374
- saucers 335
- saucers, about 336
- saucers, dressing up 341
- sauté 676
- Sauvignon Blanc 170
- savory 76
- sawmill gravy 213
- scald 677
- scampi 455
- scampi, ala St. Helena 477
- score 677
- scrambled eggs and truffles 254
- sear 677
- Seasoning Rubs 680
- seaweed 45
- Seckel pears 329
- see MSG 46
- semolina 266
- sesame seed 76
- Seville orange 159
- shaddock 159
- Shao Hsing wine, Hsao Shing 163
- Shaohsing, see Shao Hsing 163
- Shaoshing wine 286
- Shawnee cake 307
- shell 677
- shichimi togarashi 76
- shift 677
- shopping for good food 91
- shopping, fruits 96
- shopping, meat and fowl 96
- shopping, tips 93
- short ribs with ginger 487
- shortcake, strawberry 568
- shred 677
- shrimp and summer vegetables
 - kababs 478

Index

- shrimp paste 450
- shrimp, about 453
- shrimp, Basques 463
- shrimp, deveining 454
- shrimp, species 454
- sichuan (szechuan) pepper 76
- simmer 677
- simple syrup 164, 167
- singe 677
- skewer 677
- skim 677
- skin 677
- Slanted Door 520
- sliver 677
- smoke 677
- smoke box 241
- smoke point 677
- snip 677
- soffritto 100, 677
- soft-ball 555
- soft-crack 555
- Song of Solomon 74
- sorbet, orange 596
- soup, beef shank, Maria's 396
- soup, beef tendon 394
- soup, Castilian garlic 414
- soup, fragrant Thai fish 418
- soup, hot pot chicken 407
- soup, leek and potato 410
- soup, mock turtle 410
- soup, shrimp and crab bisque 416
- soup, Sicilian pepper 414
- soup, soba 417
- soup, split pea with ham 415
- soup, stilton 418
- soup, Thai shrimp with rice noodles 419
- soup, turkey minestrone 421
- soup, Vicki's clam chowder 423
- soups, complex 393
- soups, elegant creamed 393
- sourdough flavor 207
- souring agent 71
- sous-chef 678
- South Asia 76
- Spaghetti, alla carbonara 295
- Spaghetti, alla puttanesca 296
- Spanish Andalusian Manzanilla green olives 124
- Spanish Roja 74
- spare ribs, barbecued pork 520
- spareribs II, Kae's 504
- spareribs, black bean sauce 131
- spelt, flour 207
- Spice Islands (Moluccas) 72
- spices, toasting 102
- Spinach Dip, Judy Cestra's 151
- spinach Florentine, Kae's 661
- spit 678
- sponge 678
- spring 678
- spring rolls 154
- spring rolls, Chinese 129
- starch 339
- starch conversion 95
- starch, potato 339
- starter, bread 196
- steak 515
- steak and kidney pudding, Kae's 505
- steak, Florentine 99
- steak, rib eye 516
- steak, spencer 516
- steak, tri-tip 82
- steaks, Chateaubriand 489
- steam 678
- steep 678
- stew 678
- stew, oxtail 523
- sticky bits 99
- Stillwater Orchards 330
- stir 678
- strain 678
- stuffing (see dressing) 260
- suckling lamb 110
- sugar, about 553
- sugar, brown 553
- sugar, castor (superfine) 553
- sugar, confectioner's or powdered 553
- sugar, cubed 553
- sugar, Demerara 553, 585, 623
- sugar, forms of 553
- sugar, glucose 554
- sugar, Muscovado or Barbados 553
- sugar, pearl 554
- sugar, stages of 555
- sugar, topping 555
- sumac 76
- suppli al telefono 270
- sweat 678

Index

Sweet Garlic Hot Sauce 135
syrup, simple 552

T

Taco Salad 152
taco seasoning 682
Tahitian (*V. tahitensis*) 49
tallow, rendered beef fat 629
tamales 493
tamales, corn, Kay's 493
tamales, Kae's 505
tamales, Kay's fesh corn 465
tamarind 77
tamarind paste 380
Tamarind Sauce 155
tamil 77
tapenade 678
tapioca starch 340
tarragon 77
tart dough 617
tart, lemon with raspberry sauce 610
tarte Tatin 617
Tarts, Garlic and Pine Nut 133
tasso 678
taste, wine 171
Tatin pan 678
teff 678
Tellagio cheese 131
temper 678
tempura flour 74
Terra Brava 153
terrine 679
Tex Mex seasoning 680
textures 35
Thai 75
Thai fried pork balls 409
Thai Gardens in Milpitas California 278
Thai Salad 154
thermometer 103
thicken 679
thickeners 339
thin 679
thyme 77
tiella 679
to taste 679
Tom Starr 404
Tom Yum Goong 419
tom yum, Thai soup 408
tomales, corn, Kae's 501

tomatillo, sauce 388
tomato (pasta) sauce, Elena's 292
Tomato Pesto 143
tomato soup, cold 400
tomato, tart 156
tomatoes, roasted garlic, oven 281
tomatoes, stuffed Italian 665
tomatoes, sun dried 126
tomme 679
Torta a Vino Bianco 622
Tosceno Salame 131
toss 679
tourne 679
trebbiano grapes 51
trim 679
truffles 254
truss 679
Tsingtao beer 523
turkey stock 422
turmeric 73, 77, 646

U

umami 171, 487, 679
universal grater 679

V

V. planifoli 49
Valencia 472
vanilla 77
vanilla, about 79
vanilla, Bourbon 49
vanilla, paste 50
vanilla, powdered 50
vanillin, synthetic 49
veal, breaded cutlet 489
veal, chops ala Milanese 528
vegetables 625
vegetables, blanched, rainbow 629
vegetables, steamed summer 663
velouté 679
vent 679
viand 679
vichyssoise 410
Vidalia onion 652
vinaigrette, basic 334
vinaigrette, Chinese 5 spice 315
vinaigrette, tarragon 331
vinegar, balsamic 51

Index

W

warm 679
wasabe, wasabi 77
Wassail 172
wheat germ 207
wheat gluten 207
whey 205
whip 679
whisk 680
whiskey, Scotch 164
white ginger, see galangal 73
white sauce (bechamel) 338
white sauce, Bechamel 337
wine 168
wine grapes 169
wine, recommendations 168
wine, sauternes 163
wine, with artichokes 172

wonton wrappers 146
woodruff 77

X

xanthan gum 77

Y

yams, holiday candied 644
yeast, brewer's 208

Z

zabaglione, custard 614
Zemo 74
zest 680
zest, verb 680
ziti 285